



# How Wellthy can help

Whether it's care for yourself, your spouse, your children, your parents, or a member of your chosen family, Wellthy is here to help. We consider all of the variables of care including medical, financial, inhome, housing, legal, and social-emotional needs.

Create an account to get hands-on support from our team of care experts, or simply start out by using the many tools within the online Care Dashboard that meet you wherever you are in your caregiving journey.

# Wellthy can help with:



## **Aging**

For families with aging members dealing with all kinds of life changes.



#### **Health Conditions**

For those managing a tough diagnosis or chronic condition.



#### **Mental Health**

For those struggling with depression, anxiety, and other mental or behavioral health concerns.



#### Veteran Support

For our heroes and their families to get the care they deserve.



## Financial Support

For assistance with bills, insurance, benefits, and other programs.



# **Special Needs**

For special families with unique and intersectional needs.



# **Childcare and Teen Support**

For parents and caregivers who are raising children and teenagers.



Visit join.wellthy.com/uphs

and click 'Get Started'

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Enter your UPHS email address and confirm your network credentials to sign in



Tell us more about your situation and get matched with a Care Coordinator