**LG Health Offers Presentation for Expectant Parents**

Penn Medicine Lancaster General Health knows how important it is to prepare for your child's arrival. Whether welcoming a new baby or an adopted or foster child into your family, LG Health offers a variety of benefits and resources to support you and your growing family. ​

Plan for your new arrival by signing up for *Welcoming Your Child - A Parent's Guide*through [Knowledge Link](http://knowledgelink.upenn.edu/). These online, virtual classes will take place from 10:30 - 11:30 a.m. on the following dates:

* Mar. 21 (Class ID: 379610)
* June 20 (Class ID: 3796268)
* Sept. 19 (Class ID: 3796268)
* Dec. 19 (Class ID: 3796269)

Topics covered are broken down into three categories:

* Time Away (discuss available leave options and benefits)
* Countdown to Arrival (discuss planning for your new arrival, what happens while you're away on leave and returning to work)
* Other Resources for Parents (information on pregnancy care, childcare services, Able Pay, Care@Work, Special Delivery Program and more)

Enroll for any of the classes in [Knowledge Link](http://knowledgelink.upenn.edu/)by searching for the Item Title (Welcoming Your Child - A Parent's Guide) or Item ID (HS.40701.ITEM.PARNTSGUIDE).