

LG Health Offers Presentation for Expectant Parents

Penn Medicine Lancaster General Health knows how important it is to prepare for your child's arrival. Whether welcoming a new baby or an adopted or foster child into your family, LG Health offers a variety of benefits and resources to support you and your growing family.

Plan for your new arrival by signing up for *Welcoming Your Child - A Parent's Guide* through [Knowledge Link](#). These online, virtual classes will take place from 10:30 - 11:30 a.m. on the following dates:

- **Mar. 12** (Class ID: 3821994)
- **June 18** (Class ID: 3821997)
- **Sept. 10** (Class ID: 3821998)
- **Dec. 17** (Class ID: 3821999)

Topics covered are broken down into three categories:

- Time Away (discuss available leave options and benefits)
- Countdown to Arrival (discuss planning for your new arrival, what happens while you're away on leave and returning to work)
- Other Resources for Parents (information on pregnancy care, childcare services, Able Pay, Care@Work, Special Delivery Program and more)

Enroll for any of the classes in [Knowledge Link](#) by searching for the Item Title (Welcoming Your Child - A Parent's Guide) or Item ID (HS.40701.ITEM.PARNTSGUIDE).