

# May Care Talks



## Emotional Wellness:

**Tools to live your best life**



Thursday,  
May 2nd

[Register now >>](#)

## Aging & Adult Care:

**Caregiver burnout:  
Mental and emotional health help**



Wednesday,  
May 15th

[Register now >>](#)

## Succeed at Work:

**Managing strong emotions**



Thursday,  
May 16th

[Register now >>](#)

## Child Care & Parenting:

**Summer care and camp options**



Wednesday,  
May 22nd

[Register now >>](#)

Times: 1pm ET | 12pm CT | 11am MT | 10am PT



Register for Care Talks today

[care.com/business/care-talks](https://care.com/business/care-talks)