

Emotional Wellness:

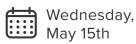
Tools to live your best life



Register now >>

Aging & Adult Care:

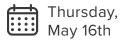
Caregiver burnout:
Mental and emotional health help



Register now >>

Succeed at Work:

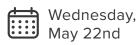
Managing strong emotions



Register now >>

Child Care & Parenting:

Summer care and camp options



Register now >>

Times: 1pm ET | 12pm CT | 11am MT | 10am PT

