

Raising Resilient Kids: Children's Mental Health in Today's World

Webinar • May 22, 2024 • Noon ET/9:00am PT

In today's post-pandemic world, prioritizing children's mental well-being is paramount. Join expert Dr. Bob Franks, President and CEO of The Baker Center and faculty member at Harvard Medical School, for Raising Resilient Kids: Children's Mental Health in Today's World.

From nurturing emotional intelligence to promoting healthy coping mechanisms, we'll explore practical ways to raise mentally strong and emotionally resilient kids. Plus, we'll provide insights into recognizing signs that our children may be struggling with their mental health and offer guidance on seeking appropriate help and resources. There will be ample time for questions during this Children's Mental Health Awareness Day event. Can't attend live? Sign up to receive the recording.

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About Our Presenter Robert P. Franks, PhD

Dr. Robert P. Franks is president and Chief Executive Officer of The Baker Center and a faculty member at Harvard Medical School. Dr. Franks, a leader in the implementation and dissemination of evidence-based practices in children's mental health, holds a master's degree from George Washington University and a Ph.D. from Boston College. As CEO of The Baker Center, Dr. Franks works at the policy, systems, and practice levels to create sustainable change and improve access to quality behavioral health care leading to lifelong positive outcomes for children and families in Massachusetts and beyond.