



Introducing Wellthy Community

Care shouldn't be something you tackle alone. Community is a social space where you can find support, share your experiences, and exchange knowledge with others who are caring.



Peer-to-peer discussion

Explore recent activity, participate in the dialogue, and share your thoughts and experiences with others.



Knowledge and insights

Discover helpful tips and find information across Wellthy resources such as one-pagers, video clips, and virtual events.



Expert moderation

Interact with Wellthy's care professionals who can guide conversations, offer ideas and provide answers.

Frequently Asked Questions

Why use Wellthy Community?

With Wellthy Community, you can grow your support system and get advice from others who have or are currently experiencing similar challenges.

How do I activate my Community account?

If you already have a Wellthy account to access your Care Dashboard, you will use the same email and password to log into Wellthy Community. All you need to do is choose your display name! If you don't have an existing Wellthy account, you will need to create one first, following the instructions below.

Can I invite others?

Wellthy Community is available to those who receive Wellthy as a benefit (you) as well as anyone you invite to join your Care Project.

LGH FTE .5 or greater employees have access to Wellthy

Learn more at join.wellthy.com/uphs

Join with new account:

1. Visit join.wellthy.com/uphs, click Get Started
2. Enter your UPHS email address and confirm your network credentials to sign in
3. Select Community on the side panel and choose your Community display name

Join with existing account:

1. Visit join.wellthy.com/uphs, click Log In
2. Enter your UPHS email address and confirm your network credentials to sign in
3. Select Community on the side panel and choose your Community display name

