

Wellthy's support through end of life and loss

Losing a loved one is one of the most difficult and overwhelming moments that we face. Whether you're planning ahead, caring for a loved one through their end of life journey, or facing a sudden loss, Wellthy's compassionate care experts are here to help you figure out what comes next.

Here are some of the ways Wellthy helps families anticipating and experiencing loss



Planning for end of life

- ✓ Provide guidance on starting the process and having the conversation with loved ones
- ✓ Share resources for preparing a will, advanced directive, healthcare power of attorney, and documenting wishes for end of life
- ✓ Find and vet estate attorneys and other legal resources
- ✓ Offer tools and checklists to plan and keep everything organized



Care support during end of life

- ✓ Vet providers for comfort care services such as hospice, palliative care, doulas
- ✓ Schedule and track medical appointments
- ✓ Explore options and arrange respite care for the caregiver
- ✓ Liaise with insurance providers to verify coverage for any comfort care needs



Managing a loss

- ✓ Help families through the first steps immediately after a loss
- ✓ Support with identifying/resolving any outstanding bills, insurance claims, etc.
- ✓ Explore resources for closing accounts and managing digital assets
- ✓ Navigate survivor benefits through U.S. Social Security, the VA, employer unions, etc
- ✓ Evaluate funeral and burial options and coverage, in particular through the VA
- ✓ Find estate attorneys and other legal and financial support resources



Pregnancy and postpartum loss

- ✓ Identify lactation after loss services and resources
- ✓ Vet and schedule appointments with the right providers and specialists, for both parents



Grief support

- ✓ Locate bereavement support such as counseling services, therapy, or support groups
- ✓ Connect families with employer-sponsored mental health and bereavement resources
- ✓ Share resources and advice for coping, self-care, and emotional well-being
- ✓ Arrange meal and grocery delivery for grieving families